

Clay Community Schools

ELEMENTARY BREAKFAST

OCTOBER 2021

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Sep 14, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct - 1 CHEESE OMELET BACON TOAST, WG FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT
Oct - 4 DONUT MINI CHOC. FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 5 PANCAKES/SYRUP SAUSAGE LINK FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 6 GRAVY& BISCUITS FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 7 CINN ROLL BACON FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 8 TEACHER IN-SERVICE DAY
Oct - 11 FALL BREAK NO SCHOOL TODAY	Oct - 12 FALL BREAK NO SCHOOL TODAY	Oct - 13 FALL BREAK NO SCHOOL TODAY	Oct - 14 FALL BREAK NO SCHOOL TODAY	Oct - 15 FALL BREAK NO SCHOOL TODAY
Oct - 18 DONUT MINI, POWDERED FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 19 FRENCH TOAST BITES FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 20 GRAVY& BISCUITS FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 21 CINN ROLL BACON FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 22 EGG AND TURKEY BACON SANDW FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT
Oct - 25 POP TART FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 26 FRENCH TOAST STICKS/ SYRUP FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 27 GRAVY& BISCUITS FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 28 DUTCH WAFFLE SAUSAGE PATTY FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Oct - 29 CHEESE OMELET BACON TOAST, WG FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT

ALL MENUS ARE SUBJECT TO CHANGE
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	483	350-500	100%	Carbohyd	77.86 g	64.49%	
Sodium	546 mg	540		Tot. Fat	13.14 g	24.49%	<=30.0%
Calcium	476.13* mg			Sat. Fat	5.11 g	9.52%	<10.00%

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.